

# CATS ARE OBLIGATE CARNIVORES

Cats are “**OBLIGATE CARNIVORES**”. Obligate means “BY NECESSITY” OR “BIOLOGICALLY ESSENTIAL FOR SURVIVAL”. Cats **MUST** eat meat, it is a biological necessity. Nature designed the body of cats to get nourishment from a diet of animal meat, not plants, grains or other carbohydrates. Veganism is a choice that humans make for themselves, but should not be a choice made for cats in their care.



Eating a meat-only diet provides some vitamins and fatty acids in their pre-formed state, cats and many other obligate carnivores have lost the ability to make these amino acids and vitamins in their own bodies. Cats require Vitamin A in its pre-formed state, they can't make it from beta-carotene the way humans or dogs or rabbits can. They don't have ability to form niacin from tryptophan, and most important, they have a high requirement for TAURINE, which is found almost exclusively in animal muscle meat, especially heart and liver. Arginine, also found in animal flesh, is very critical to a cat that a meal without it can lead to death.

The digestive systems of cats also have become specifically adapted to eating raw flesh. They have the shortest digestive tract compared to body size of almost any animal. Another indicator that your cat is designed to eat meat and not carbohydrates is that his/her body is not capable of producing enzymes needed to digest carbs. The only carbs cats in the wild eat are digested by their prey.



**MOST IMPORTANT**, cats have a requirement for high amount of protein in the diet. Cats meet their blood glucose requirements from gluconeogenesis, using protein rather than from the breakdown of carbohydrates in their diet. They are so dependent on protein that if their diet is lacking an adequate amount to supply their energy needs, they will break down their own body muscle and organs!

As Dr. Becker stated “I’m certainly all for the ethical treatment of animals, but there is nothing ethical about forcing a vegan or vegetarian diet on an animal designed **BY NATURE** to be an obligate carnivore. **THERE ARE POWERS IN THE WORLD GREATER THAN MAN (OR WOMAN) AND ONE OF THEM IS NATURE. NATURE DICTATE TO US, NOT THE OTHER WAY AROUND**”

Not all flesh eating animals are obligate carnivores. In fact, most aren't, but your cat certainly is.

References available on demand.